

WORLD RAW POWERLIFTING FEDERATION



C LASSIFICATION STANDARTS

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WRPF sports categories and ranks

WRPF has developed and approved a **unified system of sports categories and ranks**. You can familiarise yourself with it on the official website in the corresponding section 'Standards': <https://wrpf.pro/normativy/>.

When calculating the standard, increasing coefficients are applied for awarding discharges and titles up to and including MSIC for athletes:

age 50-54 years +10%,
age 55-59 +15%,
age 60-64 +20%,
age 65-69 years +25%,
age 70 years and older + 30 per cent of the athlete's result.

The result obtained for the increase by the corresponding percentage shall **be rounded down** to 2.5 kg. downwards. This adjustment is made regardless of the age group in which the athlete takes part in the tournament.

age group in which the athlete takes part in the tournament. It is made on the basis of the actual age of the athlete on the day of participation in the tournament.

WRPF branches must use a unified system of WRPF sports categories and ranks.

Sports categories and ranks are assigned by the branch in which the standard is fulfilled.

Powerlifting Without Equipment and non-tested divisions

Men

Weight Category	MSIC	MS	CMS	I	II	III
52	465	402,5	362,5	322,5	280	240
56	505	437,5	395	350	305	260
60	542,5	470	422,5	375	327,5	280
67.5	605	525	472,5	420	365	312,5
75	662,5	577,5	517,5	460	402,5	345
82.5	707,5	615	552,5	492,5	430	370
90	745	647,5	582,5	517,5	452,5	387,5
100	785	682,5	615	545	477,5	410
110	822,5	715	645	572,5	502,5	430
125	857,5	747,5	672,5	597,5	525	450
140	885	770	695	617,5	540	465
+140	907,5	790	710	632,5	555	475

Women

Weight Category	MSIC	MS	CMS	I	II	III
44	297,5	255	220	197,5	177,5	147,5
48	325	280	245	215	190	162,5
52	352,5	305	265	232,5	210	177,5
56	380	325	285	250	225	192,5
60	400	345	312,5	270	237,5	205
67.5	427,5	372,5	325	287,5	257,5	220
75	457,5	395	340	305	275	230
82.5	480	417,5	365	322,5	290	247,5
90	502,5	430	380	335	300	255
90+	510	442,5	387,5	342,5	307,5	262,5